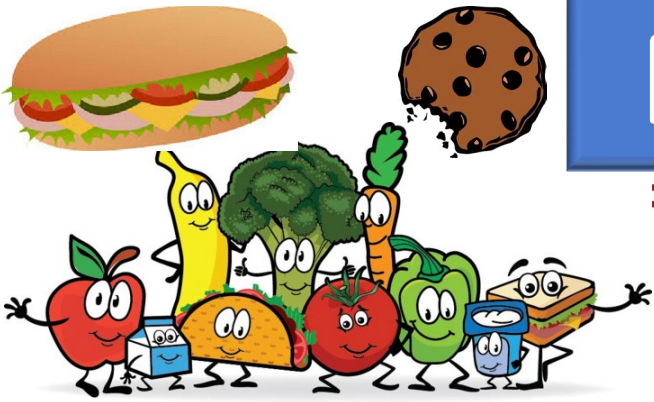
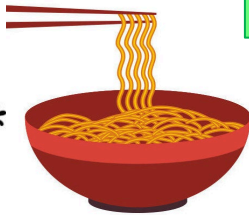






# MENU - WEEK A

For w/c 5<sup>th</sup> Jan & 26<sup>th</sup> Jan

Fresh Start



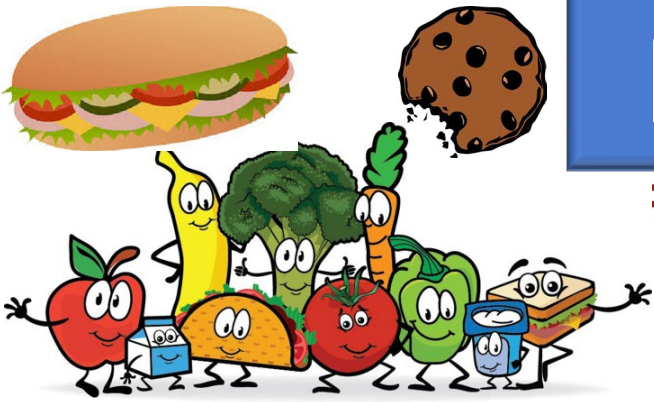
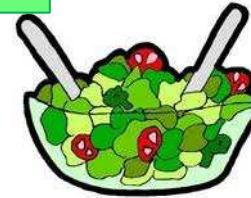
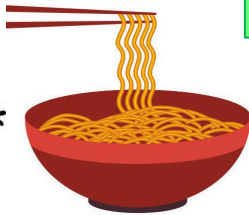
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><i>Singapore style noodles (VG)</i> Sweetcorn &amp; carrots</p>	<p><i>Salmon fishcakes</i> Broccoli &amp; green beans</p>	<p><i>Sausage plait &amp; roast potatoes</i> Cabbage &amp; diced swede</p>	<p><i>Chicken korma with rice</i> Green beans &amp; carrots</p>	<p><i>Fish fingers and chips</i> Baked beans or peas</p>
 <p><i>Cheese &amp; tomato pizza (V)</i> Sweetcorn &amp; carrots</p>	<p><i>Macaroni cheese (V)</i> Broccoli &amp; green beans</p>	<p><i>Veggie cowboy pie with roast potatoes (VG)</i> Cabbage &amp; diced swede</p>	<p><i>Roasted veg and bean burrito (VG)</i> Green beans &amp; carrots</p>	<p><i>Fishless fingers and chips (VG)</i> Baked beans or peas</p>
 <p><i>Pasta shapes with a choice of topping (V)</i> Sweetcorn &amp; carrots</p>	<p><i>Jacket potato with a selection of toppings</i> Broccoli &amp; green beans</p>	<p><i>Pasta shapes with a choice of topping (V)</i> Cabbage &amp; diced swede</p>	<p><i>Jacket potato with a selection of toppings</i> Green beans &amp; carrots</p>	<p><i>Pasta shapes with a choice of topping (V)</i> Peas</p>
 <p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>
<p><i>Yoghurt with a choice of either fruit coulis, granola or honey topping (V)</i></p>	<p><i>Lemon shortbread (VG)</i></p>	<p><i>Jelly (VG)</i></p>	<p><i>Chocolate courgette cake (V)</i></p>	<p><i>A selection of home baking (V)</i></p>





Fresh fruit is served every day. Seasonal vegetables are available with all meals as well as access to the salad bar along with our fresh bread. Where possible, we buy locally sourced produce. All of our meat is high welfare and our eggs are responsibly sourced and free range. Our spreads and cooking fats are vegan.

# MENU - WEEK B

For w/c 12<sup>th</sup> Jan & 2<sup>nd</sup> Feb

Fresh Start



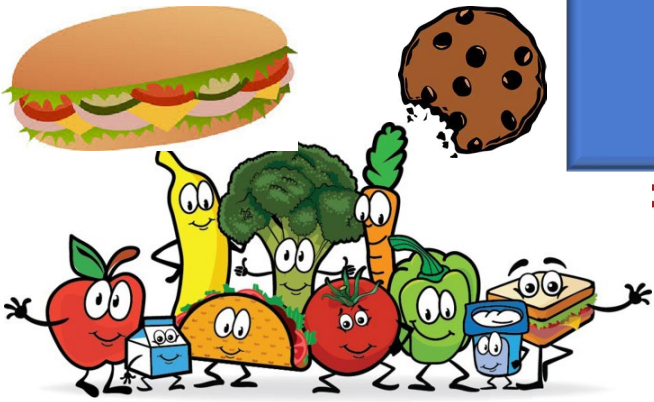
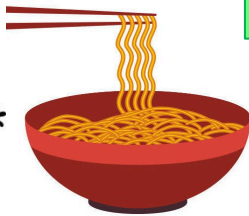
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><i>Veggie meatballs &amp; rice (VG)</i> Sweetcorn &amp; carrots</p>	<p><i>All day breakfast</i> Broccoli &amp; green beans</p>	<p><i>Roast chicken, Yorkshire pudding &amp; roast potatoes</i> Cabbage &amp; diced swede</p>	<p><i>Spaghetti bolognese</i> Green beans &amp; carrots</p>	<p><i>Breaded fish and chips</i> Baked beans or peas</p>
 <p><i>Cheese &amp; tomato pizza (V)</i> Sweetcorn &amp; carrots</p>	<p><i>Veggie all day breakfast (VG)</i> Broccoli &amp; green beans</p>	<p><i>Shepherdess pie (VG)</i> Cabbage &amp; diced swede</p>	<p><i>Spinach &amp; chickpea curry (VG)</i> Green beans &amp; carrots</p>	<p><i>Vegetable pasty and chips (VG)</i> Baked beans or peas</p>
 <p><i>Pasta shapes with a choice of topping (V)</i> Sweetcorn &amp; carrots</p>	<p><i>Jacket potato with a selection of toppings</i> Broccoli &amp; green beans</p>	<p><i>Pasta shapes with a choice of topping (V)</i> Cabbage &amp; diced swede</p>	<p><i>Jacket potato with a selection of toppings</i> Green beans &amp; carrots</p>	<p><i>Pasta shapes with a choice of topping (V)</i> Peas</p>
 <p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>	<p><i>Deli option with a selection of breads and fillings</i> Salad bar</p>
<p><i>Yoghurt with a choice of either fruit coulis, granola or honey topping (V)</i></p>	<p><i>Chewy chocolate biscuits (VG)</i></p>	<p><i>Jelly (VG)</i></p>	<p><i>Dorset apple cake (V)</i></p>	<p><i>A selection of home baking (V)</i></p>





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# MENU - WEEK C

For w/c 19<sup>th</sup> Jan & 9<sup>th</sup> Feb

Fresh Start



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Sweet potato, pepper &amp; coconut curry with rice (VG) Sweetcorn &amp; carrots</p>	<p>Pasta carbonara Broccoli &amp; green beans</p>	<p>Roast chicken, Yorkshire pudding &amp; roast potatoes Cabbage &amp; diced swede</p>	<p>Pork and apple casserole with rice Green beans &amp; carrots</p>	<p>Breaded fish and chips Baked beans or peas</p>
 <p>Cheese &amp; tomato pizza (V) Sweetcorn &amp; carrots</p>	<p>Cheesy bean bake (V) Broccoli &amp; green beans</p>	<p>Meatless mince puff pie (VG) Cabbage &amp; diced swede</p>	<p>Pesto pasta (VG) Green beans &amp; carrots</p>	<p>Veggie sausage and chips (VG) Baked beans or peas</p>
 <p>Pasta shapes with a choice of topping (V) Sweetcorn &amp; carrots</p>	<p>Jacket potato with a selection of toppings Broccoli &amp; green beans</p>	<p>Pasta shapes with a choice of topping (V) Cabbage &amp; diced swede</p>	<p>Jacket potato with a selection of toppings Green beans &amp; carrots</p>	<p>Pasta shapes with a choice of topping (V) Peas</p>
 <p>Deli option with a selection of breads and fillings Salad bar</p>	<p>Deli option with a selection of breads and fillings Salad bar</p>	<p>Deli option with a selection of breads and fillings Salad bar</p>	<p>Deli option with a selection of breads and fillings Salad bar</p>	<p>Deli option with a selection of breads and fillings Salad bar</p>
<p>Yoghurt with a choice of either fruit coulis, granola or honey topping (V)</p>	<p>Sultana flapjack (VG)</p>	<p>Cheese and crackers (V)</p>	<p>Orange drizzle cake (V)</p>	<p>A selection of home baking (V)</p>

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